I forgot to turn off my TV before I went to bed last night and when I came down this morning there is no picture and just a SECV screen saver. How do I get back to regular TV?

If live TV has been playing on the same channel for five hours without any input from the remote, the SECV screen saver will be displayed. To deactivate the screen saver and return to the main menu, press the **MENU** button.