

# What is MLB Network Strike Zone?

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MLB Network Strike Zone takes viewers on a high-speed trip around MLB during the regular season. When live game telecasts air on MLB Network on Tuesday and Friday nights, MLB Network Strike Zone brings fans to every game, with up-to-the-minute highlights, live look-ins and updates, all commercial-free. In addition to game action, MLB Network Strike Zone has the most updated scores, standings and stats throughout the night.

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